practical counseling and therapy skills, different counseling approaches, and problem-based techniques to address psychosocial problems. In this edition of Counseling and Therapy for the following contents were revised: Illustrations of counseling and therapy principles and boundaries (boundaries of self and client) effectiveness and self-awareness counseling skills.

Addressing Multicultural Needs in School Guidance and Counseling

Uwe P. Gielen - 2008-06-19

In an era of globalization characterized by widespread migration and cultural contacts, psychologists, counselors, and other mental health professionals face a unique challenge: how do you provide quality counseling services to everyone, working with clients from many different cultural backgrounds? This book, written by several authors, provides a comprehensive overview of multicultural counseling, including the challenges faced by counselors when working with clients of diverse backgrounds. It includes coverage of theories, research, and practical applications.

The book is concise, well organized and clearly written. Its chapters cover various topics related to multicultural counseling, such as: Theoretical foundations of multicultural counseling, Cultural differences and counseling, Cultural competence and cultural humility, and Multicultural counseling: A competency-based approach.

The book is a valuable resource for counselors, therapists, and other mental health professionals who work with diverse populations. It provides a comprehensive overview of multicultural counseling and is an excellent addition to any counselor's library.